

MARCH 2020

ASHLAND DISTRICT SCHOOL



LUNCH

THE MAINE DEPARTMENT OF EDUCATION AND THE USDA ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CEREAL & TOAST 2</p> <p>CHEESEBURGER OR CHICKEN FAJITA WRAP P. WEDGES STEAMED CARROTS W/G BUN</p>	<p>COMBO & TOAST 3</p> <p>BBQ RIB OR COOK'S CHOICE SWEET POTATO FRIES HOT VEGGIE</p>	<p>EGGS & TOAST 4</p> <p>POPCORN CHICKEN OR TUNA ROLL POTATO & GRAVY CORN DINNER ROLL</p>	<p>YOGO & FRUIT 5</p> <p>CHEESE PIZZA OR PEPPERONI PIZZA CAESAR SALAD COOKIE K-5TH PIZZA ROUNDS</p>	<p>COOK'S CHOICE 6</p> <p>SANDWICH DAY HAM – TURKEY – BOLOGNA OR TUNA ROLL / WG BUN CHEESE / PICKLES / PRETZELS K-5TH HAM OR BOLOGNA</p>
<p>CEREAL & TOAST 9</p> <p>TERIYAKI CHICKEN OR FISH STICKS POTATO /GRAVY / CORN W/G DINNER ROLL</p>	<p>COMBOS & TOAST 10</p> <p>CHEESEBURGER OR CHICKEN CAESAR SALAD FRENCH FRIES STEAMED CARROTS</p>	<p>OATMEAL & TOAST 11</p> <p>LASAGNA OR COOK'S CHOICE GARLIC ROLL G. BEANS</p>	<p>YOGO & FRUIT 12</p> <p>PULLED PORK OR HOT CHICKEN SANDWICH P. WEDGES W/G BUN STEAMED VEGGIE</p>	<p>COOK'S CHOICE 13</p> <p>TOMATO SOUP GRILLED CHEESE OR EGG SALAD CRACKERS / VEGGIE STICKS STRAWBERRY CUP</p>
<p>CEREAL & TOAST 16</p> <p>CHICKEN PATTIE OR BBQ RIB P. PUFFS CORN</p>	<p>COMBO & TOAST 17</p> <p>CHOP SUEY OR BEANS & FRANKS W/G BISCUIT COLE SLAW CARROTS</p>	<p>EGG & TOAST 18</p> <p>BAKED POTATO BAR BROCCOLI / HAM / BACON BITS CHEESE SAUCE / SOUR CREAM COLE SLAW / DINNER ROLL K-2ND MAC & CHEESE</p>	<p>YOGO & FRUIT 19</p> <p>MEATBALL GRINDER OR HOT DOG MACARONI SALAD STEAMED G. BEANS W/G BUN</p>	<p>COOK'S CHOICE 20</p> <p>EARLY RELEASE FRENCH BREAD PIZZA CAESAR SALAD VEGGIE STICKS FROZEN SLUSHIE</p>
<p>CEREAL & TOAST 23</p> <p>PIZZA BURGER OR COOK'S CHOICE W/G BUN BAKED BEANS</p>	<p>COMBO & TOAST 24</p> <p>CHICKEN NUGGETS OR FISH NUGGETS BAKED FRIES G. BEANS</p>	<p>STRAWBERRY YOGURT CUP 25</p> <p>SHEPARD'S PIE OR COOK'S CHOICE W/G DINNER ROLL PEAS</p>	<p>YOGO & FRUIT 26</p> <p>SANDWICH DAY TURKEY – HAM- BOLGONA CHEESE / PICKLES / CHIPS W/G BUN K – 5TH TURKEY OR BOLGONA</p>	<p>COOK'S CHOICE 27</p> <p>PIZZA OR EGG SALAD CAESAR SALAD STRAWBERRIES K-5TH PIZZA ROUNDS / CARROTS</p>
<p>CEREAL & TOAST 30</p> <p>TACO WRAPS OR TUNA WRAP FRENCH FRIES PEAS</p>	<p>COMBO & TOAST 31</p> <p>CHEESEBURGER OR SWEET & SOUR PORK RICE CARROTS</p>			

BREAKFAST SERVED DAILY. STUDENTS \$1.00 REDUCED .00 ADULTS \$1.15 FF CHOC MILK & 1% WHITE MILK OFFERED DAILY AT BREAKFAST AND LUNCH. CEREAL & JUICE/FRUIT OFFERED DAILY FOR BREAKFAST. LUNCH PRE-K – 5TH \$2.30 6TH-12TH \$2.55 ADULTS \$4.25 SALAD BAR WITH FRUIT AND VEGETABLES OFFERED DAILY TO 6TH-12TH. FRUIT AND VEGETABLES OFFERED DAILY TO PRE-K-5TH PEANUT BUTTER SANDWICH OFFERED DAILY AS AN ALTERNET TO ALL STUDENTS